

Health Syllabus

Mr. Wonch

Health

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Health & PE Website: www.healthyviking.weebly.com

Please leave a message and I will contact you as soon as possible. Depending on when the message is delivered to me, it may take 24 hours for me to get back to you.

Class Description:

Health is a course designed to provide students the opportunity to examine and increase their basic knowledge of healthful living. Thought and discussion are encouraged.

Class Goal:

The main goal is for students to take responsibility for their health and well being while attempting to make positive lifestyle changes.

Evaluation /Expectations:

Materials: Please bring the following materials to class every day: pen or pencil, paper, notebook, and a folder to organize handouts.

Grading: Assessments such as written assignments, quizzes, projects, and tests vary in the number of points but usually range from 5-100 points each. This class follows high school grading policy of 40%-40%-20%. The first 9 weeks are 40% of your semester grade. The second 9 weeks are worth 40% of your semester grade. The final exam is worth 20% of your semester grade. There are no extra credit assignments. If you are an engaged learner, do your assignments, and study for tests, you should do well in this class. Grades can be discussed during lunch and before or after school. **Grades will not be discussed during class time unless at the teacher's discretion.** Grades are usually updated on parent connect weekly.

Absenteeism: If you have an excused absence you will be given the specified time to complete your missed work.

Assignments: All assignments are to be turned in on the day that they are due at the beginning of the hour.

Projects: Projects will be discussed at the time of assignment.

Tests & Quizzes: Often, there will be a test or major project at the end of each chapter or topic unit. Tests will cover material found in the textbook, class work, and other activities.



Many class assignments, quizzes, tests, and projects are completed through our class edmodo site. This will require students to have a username and password. I suggest students use the same username and password they use to log onto the computers at school.

Grading Scale

- A 93-100%**
- A- 90-92%**
- B+ 87-89%**
- B 83-86%**
- B- 80-82%**
- C+ 77-79%**
- C 73-76%**
- C- 70-72%**
- D+ 67-69%**
- D 63-66 %**
- D- 60-62%**
- E: 59% and below**

Code of Conduct Infraction:

- A. Be prepared for class
- B. Show self control
- C. Show respect for individuals
- D. Show respect for learning
- E. Show respect for property

Class Behavior

Minor Infractions

1. Warning (verbal or nonverbal)
2. Conference with student
3. Contact home

Major Infractions: Send to office

The responsible thinking room (RTR**) and student support center (**SSC**) will be used when appropriate.

Class Procedures:

1. There will be a seating chart for each class. You will be expected to sit in your assigned seat. Your seat may change depending on your behavior.
2. Students are not allowed to leave class during the hour except in emergencies. Please don't ask to make phone calls, use the restroom, or get a drink during class unless it is a real emergency.
3. Be in your seat when the bell rings, otherwise you will be tardy.
4. Dismissal is when the bell rings. Do not stand or gather by the door before the bell rings.
5. Assignments are due at the beginning of the hour unless otherwise stated.
6. Cheating is unacceptable in my class. Those caught cheating or enabling others to cheat, will receive a zero on the assignment, quiz, or test.
7. Students are not to sit on the tops of desk, backs of chairs, or the countertop area.
8. Cell phones should always be turned silent and be out of sight unless the teachers discretion.
9. All people deserve to be treated with respect. Putdowns, teasing, cruel remarks, sexism, racism, or any other behavior that may offend someone will not be tolerated.

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This page is to be returned with the required information as a 10 pt homework assignment.

Students Name Printed: _____

Parents Name Printed: _____

Parent Name Signed: _____

Parents Email (Important): _____

Parents Phone # : _____

Feel free to contact me with any questions or concerns. Emails are easiest but feel free to call as well.